

# **GREAT CHART PRIMARY SCHOOL**

## **PSHE Policy (including RHE)**

**September 2026**



***A Great Place to Discover and Learn***

### **Vision Statement**

**A respectful community where we thrive and achieve our full potential as confident life long learners**

### **Mission Statement**

**Preparing for life in our ever changing world, by providing opportunities to develop core values and a love of learning**

*Our core value is Respect*

*Our termly values: Team work, Ambition, Responsibility, Resilience, Kindness & Independence*

## **The Importance of PSHE (Intent)**

At Great Chart School we recognise that the personal development of pupils, spiritually, morally, socially and culturally, plays a significant part in their ability to learn and achieve. We therefore aim to provide an education that provides pupils with opportunities to explore and develop their own values and beliefs, spiritual awareness, high standards of personal behaviour, a positive, caring attitude towards other people, an understanding of their social and cultural traditions and an appreciation of the diversity and richness of the cultures. Furthermore, in order to embrace the challenges of creating a happy and successful life, pupils need knowledge that will enable them to form healthy, respectful relationships, both in reality and on-line. This knowledge will enable the children to make informed decisions, when facing challenge and risk, thus encouraging them to build resilience and take responsibility. In addition, PSHE focuses on the importance of good physical health and mental well-being. This includes self-care, basic first aid and the benefits gained from hobbies and interests.

In addition to our teaching of PSHE, we also embrace a set of school values that have been decided on by the children of Great Chart School. These chosen values will encourage the children to “Be the Best You Can Be” and will be introduced at the beginning of the school year as one, before each being the focus of individual terms.

**Respect is a core value that runs throughout the year.**

The core school values are:

- Team Work
- Ambition
- Responsibility
- Resilience
- Kindness
- Independence

The children will be encouraged to keep these values at the forefront of their mind and experience these values through assemblies, PSHE and through the teacher infiltrating them into the whole curriculum. It is hoped that through being aware of the importance of these values, the children will leave Great Chart School as responsible citizens of society preparing them for life in Britain and responsible global citizens in the wider world.

## **How PHSE will be taught (Implementation)**

PSHE is now compulsory in all primary schools in England. Today's children are growing up in an increasingly complex world, living their lives both on and off line. This presents many exciting opportunities, but also many challenges and risks. In today's society it is critical that our children know how to be safe and healthy and how to manage their personal and social lives in a positive way.

PSHE will be taught weekly, in every classroom across the school and by the class teacher. It will follow our own bespoke curriculum ensuring that the statutory national curriculum objectives are followed through our own progression of skills document. We have taken much of this information from the support of the PSHE association and tailored these objectives with the children with the needs of our children at its core. It is a spiral curriculum, in which objectives are progressive and yet intended to be individual to each cohort of children within our care. The teaching of PSHE will always take into account the developmental and individual differences of our children, including children with SEND. The school is sensitive to both cultural and individual needs and will consult parents where appropriate to establish what is appropriate.

Many of these objectives will also be taught through other curriculum areas such as maths, English, computing, history, geography and through our daily assemblies. At times, we may also celebrate special events and highlight important dates (such as Holocaust, Black History Month, Anti-Bullying Week, Drowning Awareness Week) and these will further support the statutory objectives within the PSHE curriculum.

We have divided our PSHE curriculum into 6 main areas;

- Online Safety
- Relationships
- Mental Health and Wellbeing
- Keeping healthy and Well
- Personal Safety
- Our Bodies and Growing Up

## **Aims**

- To build an environment whereupon children feel comfortable to discuss their thoughts and feelings.
- Promote confidence, individuality, self respect and empathy towards others.
- Encourage children to build healthy, respectful relationships with both friends and family.
- To understand the importance of online safety and how the internet can have both a positive and negative impact upon us.
- To ensure children know the term **“trusted adult”** and know where they can go for support or advice.
- To make informed decisions about their wellbeing, health and to build their self-efficacy.
- To build knowledge and skills by forming opinions and encountering myths and misconceptions.
- To know how to keep safe around water, the sun and railways.
- To build resilience and take risks.
- To understand the importance of physical fitness and mental health.
- To recognise that all families are different and to respect that families are characterised by love and care.
- To recognise how their bodies change and develop as they grow older.
- To prepare our pupils for the transition to secondary school.
- Pupils are encouraged and expected to follow our school rules of RESPECT. These rules reflect, reiterate, promote and reward acceptable behaviour and provide opportunities to celebrate pupils' work and achievements.

## **Sex Education**

It is our belief that the children in our school should receive sex education(how a baby is conceived) in Year 6. This decision has been made through discussion with our governors, teachers, parents and pupils. We believe that providing our children with the correct information about sex is vital to support them through any misconceptions that they may hear of on-line or between their peers. We feel strongly that providing our children with the correct information towards the end of Year 6 will enable them to learn in a comfortable, familiar environment in which questions will be encouraged and invited. We believe it is important for the children to receive this teaching from their own class teachers rather than outside visitors so that they feel comfortable to ask questions and take part in mature discussions. The children will also receive this teaching as a class. We do not believe there is any benefit in splitting the children into gender groups but reserve the right to change this depending on the cohort of the children. Sex Education (conception) is the only part of the PSHE curriculum which is not compulsory, so should you wish to have your child removed from these sessions, please do speak with the class teacher. Before teaching this, we will ensure we inform the Year 6 parents and invite them to discuss this further with the class teachers should they wish to. Should you have any concerns about your child receiving this information, please do not hesitate to speak with the class teacher or the PSHE leads.

## **The Right to Withdraw**

Personal, Social and Health Education is now statutory. This means parents cannot withdraw their child from any aspects in our PSHE curriculum (apart from conception). If parents or carers are concerned or worried, they should contact the Headteacher or PSHE who will discuss the importance of receiving this education and any detrimental effects that withdrawal might have on the child.

### **Lesbian, Gay, Bisexual and Transgender (LGBT+)**

We are proud to be an inclusive school. This means that we will support and embrace all members of our community regardless of sexual orientation. In teaching PSHE we need to ensure that the needs of all our pupils are appropriately met and that pupils understand the importance of equality and respect. We respect that there are children in our community who come from LGBT+ families and so we feel it is important for our children to recognise and appreciate that all families are different. We do not teach LGBT+ as stand alone lessons, yet simply include it as part of our understanding that all families are important to give love, security and stability.

### **Additional Support for the PSHE Curriculum**

#### **School Council**

- The School Council, which has elected delegates from years 2-6 meets on a termly basis with members of the Senior Management team. Meetings enable pupils the opportunity to address issues that affect pupils. They have a display board in the hall which enables children of the school to highlight any concerns or issues they would like discussed.

#### **Role Models and Head Boys/Girls**

- Each term, the class teacher elects 4 or 5 Role Models for each class. These children are carefully selected as they uphold our school values in the highest regard. These children will be given additional responsibilities to support the smooth running of the classroom. They may also be chosen to participate in additional activities whereupon they would represent the school. Their peers look up to them and may seek their support should they wish to.
- Head Boys and Head Girls are chosen from both classes in Year 6. These children reflect the behaviours and values that we expect from children within our school. They act as role models across the entire school and are given responsibilities across all areas of the school day.

### **Links with the Wider Community**

- Visitors are welcomed and encouraged into the school.
- Children within KS2 meet with the residents from our local care home each Friday. This is a rotated activity in which 15 children each week spend an afternoon with the residents participating in a variety of activities planned by the Nursing Home staff.
- Our Community Room is frequently used to develop links with the local community and for celebrating particular events. (Such as Macmillan Coffee Morning, New Parents Coffee mornings)
- Particular events happen throughout the year in which particular agencies and visitors are welcomed into the school. (Such as... multicultural week, Ashford Food Bank, FAB - (Paediatric First Aid)
- The development of a strong home-school link is regarded as very important, enabling parents and teachers to work in an effective partnership to support the pupil.
- Frequent open evenings to the local community to discuss pupils' achievements individually or that of the whole school.
- Picnic in the park is held annually to celebrate the achievements throughout the year.
- Pupils will be taught to appreciate their local environment and to develop a sense of responsibility to it.
- Past pupils are invited to visit the school and share their skills/knowledge set that informed their career choices to inspire GC pupils via the Alumni.

### **Inclusive Practice**

At Great Chart Primary School, we provide an inclusive curriculum accessible to all pupils regardless of their starting points or needs. Every child is entitled to a broad, balanced and ambitious curriculum that

enables them to achieve their full potential. Teachers use expert knowledge of pupils' needs to plan appropriately differentiated lessons, employing strategies including scaffolding, visual supports, pre-teaching, and flexible grouping. We maintain high expectations for all pupils; adaptations enable access rather than limit ambition. Assessment identifies barriers and informs next steps, with reasonable adjustments made where appropriate. Additional adults support pupils in accessing quality-first teaching and developing independence. We work in partnership with parents, carers and external agencies to tailor provision effectively. The SENCO and subject leaders monitor inclusive practices to ensure all pupils, particularly those in vulnerable groups, make good progress and are well-prepared for their next stage of education.

### **How PSHE will be monitored and evaluated (Impact)**

This policy and the teaching of PSHE will be reviewed every 2 years using a consultation process which identifies teachers', governors, children's and parents' feedback on the PSHE programme. The PSHE leader will encourage parent's feedback throughout the year and make regular times to meet with staff to see how the curriculum is being implemented. Small groups of children will be invited to discuss how they feel about the teaching of PSHE within our school through pupil voice sessions.

### **Great Chart's final question for Year 6:**

How are you equipped for modern day life in your community, in Britain and the wider world?

### **Review**

This policy will be reviewed in accordance with the policy review schedule. Reviewed September 2027