PSHE Progression of Skills

Termly overview of Questions

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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2		
EYFS	How can we regulate our feelings? Link to Respect value/zone of regulation/Teamwork	Who keeps us safe? A trusted adult. Link to Ambition value/jobe/like a disikee/communication	How can we keep healthy and clean? Link to Responsibility value	How can we be good friends? Link to Resilience value/kindnese/zones of regulation/behaxlour	Why do we have rules and how can we make the right decision?Link to independence/behavior/ good choices & bad choices/comes of regulations	How have we changed since we were babies? Link to Kindness value/being kind to yourself & others		
Year 1	What is the same and different about us? Link to Respect and Teamwork.	What is money and how do people earn money? Link to Ambition valueigoaleichoices/poc ket money/jobs/meeds & wants	How can we look after each other and the world? Link to Responsibility value/choices (good or bad)(Responsibility in class and outriooking after animals	How can I be a positive learner? Link to Reellience	How can we overcome friendship problems?	How can I cope with changes? Link to independence		
Year 2	What makes a good friend and team worker? Link to Respect and Teamwork	How can I reach my goals? Link to Ambition value/goals/choices	How do jobs help people earn money? Link to Responsibility valuebelonging to a community/pocket money/lobs/different strengtha & interests to do own jobs	How do we recognise our feelings? Link to Reallence value/Reallence value/Reallence positive/involuto make yourself feel good (strategles/imentai weilbeing-	How can actions & words affect people? Link to Kindness value/Differences/ bebazikur (kones of Regulation/resolving arguments	How can I deal with change in a positive way? Link to independence value/big feelings/having a volce/transition/zones of regulation		

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Year 3	How can we be a good friend and team worker? Link to Respect and Teamwork	How can I aim high? Link to Ambition value/Belonging to different groups & communites/Diverse groups/Community inclusion/clubs	How can we share the responsibility to protect each other and the world around us? Ink to Responsibility value. Fair trada/charttee/single use plastic/how to care for others and animale in a compassionate way	Are all families the same? Link to Resilience & kindness (accepting everyone is different/wentai weilbeing	How do family and friends celebrate? special days?? Link to Kindness value.	What strategies help me deal with change? Link to independence value/The 5 B'sizones of regulations/recognising own feelings/transition
Year 4	How do we treat others with respect and become good team workers? including online. Link to Respect and Teamwork	What strengths, skills and interests do we have? Link to Ambition Jobs/esting goals/how people choose to buy or spend money on can affect othere.	What makes a Community? Link to Responsibility value	How can we manage our feelings? Link to Resilience value/self worth/self esteem/moving forwardi/setting gollearning/mental	Why is it important to be yourself? Link to Kindnese value - being kind to yourself/belleve inyourself/confidence/ mental health	How can our choices make a difference to others and the environment? Link to Independence value/how our choices affect others
Year 5	Why should I think before I act and how can I be a good team worker? Link to Respect and Teamwork	What job/career would you like? Link to Ambition value/jobe/influence/ stereotypes/careers including college/voluntary jobs	What decisions can people make with Money? Link to Responsibility value/make choices about ways of paying for things they want and need (e.g. from current account/seavings; store card/ credit cards; ioans)Good value for money/itaks relating to money (gambling	What contributes to a person's identity? Link to Reellience value Diversity/Equality/saith Builying/Being a buily	What makes me ME? Link to kindness value/being kind to yourself/mental wellbeing/culture/taith/g ender/hobbles/values	How can I have a positive impact on the environment? Link to independence value/how our choices affect others/how people have a shared responsibility to help protect the world around them. Rules and Laws have restrictions to protect yourself and others/transition/healthy mind

What will change as we become more How should I manage change? Including secondary Year 6 How can the media influence people? Link to Independence value and Kindness (kind to independent? Link to school values -How do friendships change as we grow? Independence/Ambition/Responsibility/ yourself), where to seek advice/support, mental Resilience/evaluate different points of wellbeing/how friendships may change and grow/with Link to Respect, teamwork and Ambition view/influences of decision making/career, value/hurtful teasing/name calling opportunities comes more responsibilities and iobs/skills, interests and independence pay/gambling/decision making 10.44

Term 1-Teamwork Term 2-Ambition Term 3-Responsibility Term 4-Resilience Term 5-Kindness Term 6-Independence

Values - 2022/2023	
Team Work	
Ambition	
Responsibility	
Resilience	
Kindness	
Independence	

Golden threads throughout this subject are:

- Identity
- Relationships
- Healthy lifestyle
- Risk
- · Diversity and equality
- · Rights, responsibilities and consent
- Change and resilience
- Power
- Career