

Social Stories

Simple stories to help children understand, prepare for and feel more confident in everyday situations

GREAT CHART SCHOOL

What are Social Stories?

Social Stories are short, personalised stories that use simple, clear language and pictures to explain situations, routines or changes.



How do they work?

- Explain what will happen.
- Show what to expect.
- Describe how to behave and what to do.
- Use positive and reassuring language.

Why do we use them at school?

- To help children understand and make sense of the world.
- To prepare for new or challenging situations.
- To build confidence, independence and emotional well-being.

Examples of when we might use a Social Story...



Starting school or a new class



Playing and making friends



Sharing and taking turns



Coping with change (e.g. a new routine)



Managing feelings (e.g. feeling worried or upset)



Preparing for a special event (e.g. a school trip)

At Great Chart School...

We use personalised Social Stories to support children with a range of needs, helping them to feel prepared, included and ready to learn.



The benefits...

- Increases understanding and reduces anxiety.
- Builds confidence and independence.
- Supports positive behaviour.
- Helps children take part more fully in school life.



The big picture...

Social Stories give children the information, reassurance and predictability they need to feel safe, calm and successful at school.

Supporting understanding, confidence and inclusion for all our children.