

WEEKLY MENU

REMEMBER... RECEPTION, YEAR 1 & YEAR 2 ARE ENTITLED TO FREE SCHOOL MEALS. THIS EXCLUDES INDEPENDENT SCHOOLS.



WEEK 1

17th April
15th May
19th June
17th July
25th Sept
23rd Oct

Macaroni Cheese 1,7 V
Vegetable Hot Pot Vg
Pesto Pasta 1,7V
Jacket Potato with a Choice of Toppings 7,8,9

Seasonal Vegetables

Ice Cream 7
Mr Nourish Biscuit 1

BBQ Pulled Pork in a Bun 1,5
Vegan Burger in a Bun 1,5Vg
Herby Tomato Spaghetti 1Vg
Jacket Potato with a Choice of Toppings 7,8,9
Rice

Seasonal Vegetables
Chocolate Pudding 1,9 & Chocolate Sauce 7
Mr Nourish Biscuit 1

Roast Chicken & Gravy
Cheesy Vegetable Burrito 1,7V
Cheese Fusilli 1,7V
Jacket Potato with a Choice of Toppings 7,8,9

Roast Potatoes
Seasonal Vegetables

Mr Nourish Biscuit 1
Yoghurt 7

Chicken Pie 1
Vegetable Lasagne 1,7,9V
Vegetable Twists 1Vg
Jacket Potato with a Choice of Toppings 7,8,9

New Potatoes
Seasonal Vegetables

Peach Sponge 1,9
Yoghurt 7

Fish Fingers 1,8
Cheese & Spinach Pinwheel 1,7V
Tomato Penne 1Vg
Jacket Potato with a Choice of Toppings 7,8,9

Chips, Peas,
Baked Beans

Brownie 1,9
Yoghurt 7

WEEK 2

24th April
22nd May
26th June
4th Sept
2nd Oct

Vegetable Pie 1Vg
Cheese & Bean Wrap Pocket 1,7V
Tomato & Herb Spaghetti 1Vg
Jacket Potato with a Choice of Toppings 7,8,9
New Potatoes
Seasonal Vegetables
Banana in Chocolate Custard 7
Mr Nourish Biscuit 1

Sweet Chicken Curry
Vegetable Noodle Stir Fry 1,3,9,16V
Macaroni Cheese 1,7 V
Jacket Potato with a Choice of Toppings 7,8,9

Rice

Seasonal Vegetables
Apple Crumble 1 & Custard 7
Mr Nourish Biscuit 1

Roast Pork & Gravy
Caribbean Pasty 1Vg
Pesto Pasta 1,7V
Jacket Potato with a Choice of Toppings 7,8,9

Roast Potatoes
Seasonal Vegetables

Crispy Cake 3,7,16
Mr Nourish Biscuit 1

Cottage Pie
Shepherdess Pie 3Vg
Tomato Twists 1Vg
Jacket Potato with a Choice of Toppings 7,8,9

Roast Potatoes
Seasonal Vegetables

Lemon Drizzle Cake 1,9
Yoghurt 7

Chicken Goujons 1
Omelette 9V
Cheese & Tomato Pasta Bake 1,7V
Jacket Potato with a Choice of Toppings 7,8,9

Chips, Peas,
Baked Beans

Caramel Cookie 1,7
Yoghurt 7

WEEK 3

1st May
5th June
3rd July
11th Sept
9th Oct

Margherita Pizza 1,3,7,9V
Cajun Bean Wedges Vg
Pesto Penne 1,7V
Jacket Potato with a Choice of Toppings 7,8,9

Potato Wedges
Seasonal Vegetables
Ice Cream 7
Mr Nourish Biscuit 1

Sweet & Sour Pork
Sweet Potato & Chickpea Curry Vg
Cheese Pasta Bows 1,7V
Jacket Potato with a Choice of Toppings 7,8,9
Rice

Seasonal Vegetables
Jam Tart 1,6 & Custard 7
Mr Nourish Biscuit 1

Toad in the Hole 1,6,7,9
Vegetable Toad in the Hole 1,7,9V
Vegetable Pasta 1Vg
Jacket Potato with a Choice of Toppings 7,8,9

Roast Potatoes
Seasonal Vegetables

Mr Nourish Biscuit 1
Yoghurt 7

Penne Bolognese 1
Rice & Bean Burrito 1Vg
Cheese & Tomato Pasta Bake 1,7V
Jacket Potato with a Choice of Toppings 7,8,9

Potato Wedges
Seasonal Vegetables
Beetroot Cake 1,9
Mr Nourish Biscuit 1

Fish Fingers 1,8
Cheesy Bean Slice 1,7V
Tomato Fusilli 1Vg
Jacket Potato with a Choice of Toppings 7,8,9

Chips, Peas,
Baked Beans

Banana Bar 1,15
Yoghurt 7

WEEK 4

8th May
12th June
10th July
18th Sept
16th Oct

Meatfree Meatballs & Pasta 1Vg
Margherita Pizza 1,3,7,9V
Pesto Pasta 1,7Vg
Jacket Potato with a Choice of Toppings 7,8,9
Potato Wedges
Seasonal Vegetables
Peach Crumble 1 & Custard 7
Mr Nourish Biscuit 1

Beef & Onion Pie 1
Cheesy Pitta 1,7V
Tomato Bows 1Vg
Jacket Potato with a Choice of Toppings 7,8,9

New Potatoes
Seasonal Vegetables

Strawberry Pot 7
Mr Nourish Biscuit 1

Roast Gammon & Gravy
Vegan Sausage Roll 1Vg
Vegetable Pasta 1Vg
Jacket Potato with a Choice of Toppings 7,8,9
Roast Potatoes
Seasonal Vegetables
Chocolate Cornflake Cake 3,7,16
Yoghurt 7

Chicken Fajitas 1,4
Cajun Vegetable & Bean Fajitas 1,4Vg
Tomato Spaghetti 1Vg
Jacket Potato with a Choice of Toppings 7,8,9
Rice

Seasonal Vegetables
Traybake Pancake 1,7,9 & Berry Sauce
Yoghurt 7

Sausages 1,6
Quorn Sausages 1Vg
Mediterranean Fusilli 1Vg
Jacket Potato with a Choice of Toppings 7,8,9
Chips, Peas,
Baked Beans

Oatie Biscuit 1,15
Yoghurt 7

Dishes marked with the following numbers contain the matching allergen

- 1 Wheat
- Gluten
- 2 Crustaceans
- 3 Soybean
- 4 Mustard
- 5 Sesame
- 6 Sulphites/Sulphur dioxide
- 7 Milk
- 8 Fish
- 9 Egg
- 10 Peanuts
- 11 Molluscs
- 12 Celery/Celeryiac
- 13 Nuts
- 14 Lupins
- 15 Oat
- Gluten
- 16 Barley
- Gluten

