

Nourish

Mr Nourish's Birthday

Thursday 6th October 2022

Chicken Nuggets Wrap 1,7
Quorn Nuggets Wrap 1
**Jacket Potatoes with
Various Toppings** 7,8,9

Seasonal Vegetables
Potato Wedges
Birthday Cake 1,9
Fruit, Jelly, Yoghurt 7

Competition

**Design a
birthday card
for Mr Nourish**

**Hand in to the
catering team**

By Wednesday 5th October

**Prizes to be
awarded on
his birthday**



Dishes marked with any of the following numbers contain the matching allergen: Allergen code: (1) Wheat Gluten (2) Crustaceans (3) Soybean (4) Mustard (5) Sesame (6) Sulphites/Sulphur Dioxide (7) Milk (8) Fish (9) Egg (10) Peanuts (11) Molluscs (12) Celeriac/Celery (13) Nuts (14) Lupins (15) Oat Gluten (16) Barley Gluten (17) Chickpea
Key: † Seasonal, Local Fruit & Veg ‡ Organic Foods

In addition to the best birthday cards prizes, some school meals will come with a lucky sticker which can be exchanged for a prize.

Over 100 prizes to be won